Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 09 Jan 2023 until 23:59 on Tuesday 10 Jan 2023

Forecast Issued on Sunday 08 Jan 2023 at 16:19 by Met Office Aberdeen

Confidence: High for unsettled, cold and often windy conditions for much of this week.

Headline for Monday 09 Jan 2023: Bright spells. Scattered wintry showers. Cold. Quite windy.

Mountain weather hazards on Monday 09 Jan 2023

Blizzards Low Likelihood	**Heavy persistent snow** Low Likelihood	**Storm force winds** No Likelihood
Gales Low Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms Low Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light snow showers (night)	Partly cloudy (night)	Light snow showers (night)	Light snow showers	Light snow showers	Light snow showers	Light snow showers (night)	Partly cloudy (night)
Precipitation probability							
40%	20%	40%	40%	60%	50%	30%	20%

Forecast for Monday 09 Jan 2023

Weather: Scattered sleet and snow showers overnight and at first on Monday, especially in the west over Glencoe and Lochaber. Showers becoming more frequent during the morning, extending eastwards to many areas. The odd heavier shower is likely with a small chance of thunder and a risk of temporary blizzard conditions over the higher ridges, then showers becoming fewer, lighter after dark.

Chance of cloud-free hill tops above 800m: 60%, best over the Trossachs.

Low Cloud and visibility: Good visibility away from showers occasional cloud cover around 700m. Temporary reductions to very poor visibility and lower cloud bases as wintry showers pass by.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Monday 09 Jan 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	27/32 SW	29/34 SW	29/35 SW	30/38 SW	27/35 SW	33/40 W	34/42 W	33/42 W	31/39 SW
900	18/23 W	18/24 W	21/28 W	22/30 SW	21/27 SW	21/28 W	23/31 W	25/34 W	22/31 SW
600	19/24 SW	19/24 SW	23/29 SW	27/34 SW	24/30 SW	22/28 SW	23/31 SW	24/32 SW	23/30 SW
300	9/12 SW	9/12 SW	12/17 SW	14/23 SW	13/20 SW	9/14 W	11/17 W	10/17 SW	11/18 SW
Glen	6/13 W	4/12 W	7/17 SW	9/22 SW	8/17 SW	7/16 SW	8/19 W	7/20 SW	7/18 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-3/-12	-3/-12	-3/-12	-4/-13	-3/-12	-3/-12	-3/-13	-4/-13	-4/-13
900	-1/-8	-1/-7	-1/-8	-1/-9	-1/-8	-1/-8	-1/-8	-1/-9	-1/-9
600	2/-4	2/-4	2/-5	1/-6	1/-5	1/-5	1/-5	1/-6	1/-5
300	3/0	3/0	4/-0	3/-2	3/-2	4/0	4/-0	3/-0	3/-1
Glen	5/3	4/3	5/2	4/1	5/2	5/3	5/3	5/2	5/2
Freezing Level*	700m	800m	800m	700m	700m	800m	800m	700m	700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Very difficult walking, especially at higher elevations due to underfoot conditions, passing snow showers, strong winds and sub-zero temperatures.

Forecast for Tuesday 10 Jan 2023
Weather: Cloudy with rain, preceded by snow above about 400m soon extending to all parts. Rain at most levels continuing into the afternoon, then drier, clearer weather with scattered wintry showers following from west later in afternoon.

Maximum wind: Southerly winds becoming westerly during the afternoon, average speeds of 30 to 40mph on the tops with gusts 55mph.

Chance of cloud-free hill tops above 800m: Little chance, improving 40% from late afternoon.

Low Cloud and visibility: Poor visibility in persistent rain and very poor for a few hours in snow. Also extensive cloud cover around 600 to 700m with patches lower down. Clouds lifting and breaking again later with visibility becoming good.

Temperature: **Glens:** Plus 3 Celsius rising to 8 Celsius.
At 800m: Plus 1 Celsius at first and again by evening, rising to plus 4 Celsius for a time.
Freezing level: 900m rising to 1200m for a time.

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